

November

2021

Shelton Public Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
We are an equal opportunity provider.	1 Breakfast casserole Wg toast Fruit Juice Milk	2 Cereal choice Goldfish crackers Fruit Juice Milk	3 Low fat yogurt WG breakfast round Fruit Juice Milk	4 Cereal bar Sunflower seeds Fruit Juice Milk	5 Sausage egg biscuit Fruit Juice Milk	6
7	8 Wg pancakes Bacon strips Fruit Juice Milk	9 Cereal bar Scooby snacks Fruit Juice Milk	10 Breakfast pizza Fruit Juice Milk	11 Cereal choice PBJ sandwich Fruit Juice Milk	12 Low fat yogurt WG cinnamon roll Fruit Juice Milk	13
14	15 WG biscuits w/sausage gravy Fruit Juice Milk	16 Cereal choice Scooby snacks Fruit Juice Milk	17 Breakfast burrito Fruit Juice Milk	18 Cereal bar Sunflower seeds Fruit Juice Milk	19 Low fat yogurt WG donut Fruit Juice Milk	20
21	22 Cheese omelet WG toast Fruit Juice Milk	23 Low fat yogurt WG breakfast round Fruit Juice Milk	24 Grandparents Day No meals are served today	25 Thanksgiving Break No School	26 Thanksgiving Break No School	27
28	29 French toast Sausage patty Fruit Juice Milk	30 Cereal choice PBJ sandwich Fruit Juice Milk	All meals are served with choices of low fat or skim milk.			