

November

2021

Shelton Public Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
We are an equal opportunity provider.	1 Ham Dandy Green beans WG dinner roll Fruit	2 Super nachos Refried beans	3 Pig in a blanket Baked beans WG chips Apples	4 Hamburger w/wg bun French fries Mixed fruit	5 Chili or cheesy pot soup WG cinnamon roll Cheese stick Fruit cup	6
7	8 Chicken & rice casserole Tossed salad WG roll Blueberry cobbler	9 Hot ham & cheese WG chips veggie cups Peaches	10 Goulash Green beans Peaches WG dinner roll	11 Walking tacos Refried beans	12 Grilled cheese Tomato soup or Potato salad Fruit	13
14	15 BBQ rib sandwich Baked beans Tri tater Pears	16 Mandarin org chicken or Teriyaki chicken Fruit Rice Oriental veggies	17 Quesadilla Refried beans Oranges WG cookie	18 Texas spaghetti Tossed salad Wg Fr. Bread strick	19 Turkey Stuffing Mash potatoes Corn Cherry cheesecake	20
21	22 Chicken & noodles Mashed potatoes	23 Beef pizza Romaine salad Pudding cup Fruit	24 Grandparents Day No meals are served this day.	25 Thanksgiving break No School	26 Thanksgiving break No School	27
28	29 Italian dunkers w/meat Tossed salad Peaches	30 Pulled pork sandwich WG chips Baked apples Baked beans	All meals are served with low fat or skim milk.	All age groups have an entrée option with their meals.		