

Shelton Public Schools



7-12 Activity Handbook 2018-2019

Superintendent:	Brian Gegg
Principal:	Jeremy Wieseler
Activities Director:	Ron Blase
Secretary:	Vicki Rodriguez
Address:	9th and C St. P.O. Box 610 Shelton, NE 68876
Telephone:	(308) 647-5459
Fax:	(308) 647-5233
Website:	www.sheltonbulldogs.org

“BECOMING THE BEST VERSION OF OURSELVES, TOGETHER”

STATEMENT OF PURPOSE

We believe that the purpose of co-curricular activities is to offer young people effective laboratory methods for development of high ideals of sportsmanship, qualities of cooperation, courage, unselfishness, and self control, desires for clean healthful living, and respect for wise discipline and authority. These characteristics properly instilled will have a long carry-over and will aid each individual connected with co-curricular activities to become a better citizen.

A co-curricular activity shall be defined as any activity involving students of the Shelton Public School, outside of the established academic discipline, at which public attendance is encouraged, or contests involving students from other schools. Co-curricular activities include but are not limited to athletics, vocal music, band and dramatics.

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CHAIN OF COMMAND

If you or your child have a problem or a concern, please contact the teacher or coach as the first step. If satisfactory results are not achieved, contact the Activity Director as the second step in cases pertaining to activities. If the situation has not been solved at the second step, contact the 7-12 Principal. The next step would be to contact the Superintendent of Schools. The fifth step in the chain of command is to be placed on the School Board Agenda at its next meeting. These steps will be adhered to in order to properly address situations as they arise.

NEBRASKA DEPARTMENT OF EDUCATION

It is the policy of the Shelton Public School not to discriminate on the basis of sex, disability, race, color, religion, marital status, or national or ethnic origin in its educational programs, admissions policies, employment policies or other agency administered programs.



I. INTRODUCTION

The Activity Program at Shelton Public School is designed to provide opportunities for those students who desire participation in School Sponsored Activities.

Any students are welcome to try out for any of the interscholastic teams available to them providing they meet the requirements established by the Nebraska School Activities Association and the school and they agree to follow the guidelines established in this booklet.

A respectable activity tradition is not built overnight. It takes the hard work and dedication of many individuals over many years. As a member of an interscholastic team, the activity person has certain responsibilities to uphold. A good participant is one who accepts these responsibilities. The responsibilities to yourself are to broaden educational experiences and develop strength of character.

By being an activities person, you have a responsibility to your school, your community, the student body, and groups from other schools on the field or court. You can contribute a great deal to our school and community image because of your leadership role. Make your school and community proud of you by your performance and your devotion to high ideals. Do not let the younger students down; they will imitate you in many ways. Give them something worth copying.

All students who wish to take part in activity programs sponsored by the Shelton Schools will have to accept the responsibilities which are set up for every member of all teams.

These guidelines are drawn from the present Board of Education, Administration, Coaching Staff, and from the policies of the Nebraska School Activities Association, and do hereby become Shelton School Board Policy.

II. GENERAL INFORMATION

A. SPORTSMANSHIP, ETHICS, AND INTEGRITY

The Board of Education of School District 19, Shelton recognizes the value of extracurricular activities in the educational process and the values that students may develop when they have an opportunity to participate in organized activities outside of the traditional classroom.

Student participants and district appointed sponsors involved with school board and/or school approved extracurricular activities are expected to demonstrate the same level of responsibility and behavior at practice, competitions, and extracurricular events as is expected in the classroom. School district representatives and students are responsible for maintaining sportsmanlike behavior, exhibiting ethical conduct, and demonstrating integrity. The Board of Education of School District 19, Shelton further encourages the development and promotion of sportsmanship, ethics, and integrity in all phases of the educational process as well as all segments of the community. This includes administrators, participants, adult supervisors, parents, fans, spirit groups and support/booster groups.

Spectators are permitted to attend extracurricular activities only as guests of the school district. Accordingly as a condition of this permission, they must comply with the school district's rules and policies. Spectators will not be allowed to interfere with the enjoyment of the students participating, other spectators or with the performance of employees and officials supervising the extracurricular activities. Spectators, like the student participants, are expected to display mature behavior and sportsmanship. The failure of spectators to do so is not only disruptive but also embarrassing to the students, the school district and the entire community.

Any spectator, including adults, who behave in a manner that is not consistent with school district expectations and this policy, may be removed from the event by security personnel, school officials, or by the individual in

charge of the event. In addition, the individual may be denied admittance to future school events or activities for a specified period of time. School officials shall send a notice of exclusion from future extracurricular activities to the spectator involved. Such notice is to be provided from the activities director and /or the respective building principal. Due process shall be provided in accordance with school district policies and shall include the opportunity for a hearing with school officials. In the event the spectator removed or denied future admittance is a student from a visiting school, an effort will be made to work with the administration of the visiting school with respect to future exclusion.

The district shall also have full authority to invoke penalties or pursue legal action as consistent with district rules, regulations, school board policies, and Nebraska and Federal laws.

To protect the rights of students to participate without fear of interference, and to permit the sponsors and officials of extracurricular activities to perform their duties without interference, the following provisions are in effect, but not limited to:

1. Abusive, verbal or physical conduct of spectators directed at participants, officials or sponsors or extracurricular activities or conduct that interferes with the administration of the extracurricular activity will not be tolerated.
2. The use of vulgar or obscene language directed at students, officials or sponsors participating in an extracurricular activity or at other spectators will not be tolerated.

The Board of Education of School District 19, Shelton hereby adopts the following Spectator Code of Sportsmanship Behavior, Ethics, and Integrity.

It is the responsibility of the spectator to:

1. Keep cheers positive. There should be no profanity or degrading language/gestures.
2. Avoid actions that offend visiting teams or individual players.
3. Show appreciation of good play by both teams.
4. Learn the rules of the game in order to be a better informed spectator.
5. Treat all visiting teams in a manner in which you would expect to be treated.
6. Accept the judgment of coaches and officials.
7. Encourage other spectators to participate in the spirit of good sportsmanship.
8. Obey the instructions of school employees and officials supervising the extracurricular activity.

B. SPORTS SEASON

All interscholastic sports are divided into three seasons---fall, winter, and spring. No individual may participate simultaneously in more than one sport per season. The division of sports, the date of the first organized practice, and the closing of the season shall be as follows:

1. Fall sports -- Football, Volleyball, Cross Country
High School Season -- Fall sports practices will begin on the date set by the NSAA. These dates may vary, according to NSAA Calendar. The fall season ends with the State Championships in these sports.
2. Winter Sports -- Boys/Girls Basketball and Wrestling
Winter Sports practices will begin on the date set by the NSAA. These dates may vary, according to the NSAA Calendar. The winter season ends with the State Tournaments in each sport.
3. Spring Sports -- Boys/Girls Track and Golf
Track/Golf practice will begin on a date set by the Activity Department and Head Coaches before the first meet for both boys and girls, as long as it is on or after the starting date set by the NSAA. The opening date for meets in track/golf is the third Thursday in March. The season ends with the State meet. The opening date may vary according to NSAA Calendar.

C. SPORTS OFFERED At the discretion of the school board – Evaluated on a year to year basis

1. VARSITY SPORTS GRADES 9-12

Boys Football
Girls Volleyball
Boys/Girls Basketball
Boys Wrestling
Boys/Girls Track
Boys/Girls Cross Country
Golf

2. JUNIOR HIGH SPORTS GRADES 7-8

Boys football
Girls Volleyball
Boys/Girls Basketball
Boys/Girls Track
Boys Wrestling
JH Cross Country

The NSAA has determined that Jr. High School includes grades 7 and 8. The varsity shall be grades 9-12.

D. LETTERING REQUIREMENTS

1. In all cases a player must complete the season to receive a letter. Exception -- If an athlete is injured during a season, and in the opinion of the coach, would have earned a letter, and the athlete remains active with the team (as the injury allows), he/she may also earn a letter.

2. A senior team member, who is active and loyal to the team throughout his/her high school years as a participant, may also be awarded a letter even though the specific requirements are not met, provided he/she ends the season in good standing.

E. LETTERMAN'S RESPONSIBILITY

The coaching staff of Shelton High School believes that with the honor of being a letterman, there go certain responsibilities. We feel very strongly about the importance of these responsibilities.

1. Activity people should conduct themselves in such a manner so as not to cause embarrassment to themselves, their teammates, their school, or their community.

2. Activity people should abide by established training rules year round, not just when their sport is in season.

3. Activity people should always set a good example for the youngsters who idolize them and pattern their lives after them.

4. Requirements to be met for all activities:

- Participant must complete the season
- Participant must attend all practices and contests unless excused by the coach
- Participant must comply with all school and extra curricular policies and training requirements
- Participant must comply with specific playing time requirements of the Head Coach
- The coach may recommend the granting of a letter in case of injury or other extenuating circumstances

Each head coach will develop and inform participants of any additional criteria for earning a varsity letter.

These should be included in the player handbook. Letter certificates, certificates of participation, and bars will be presented at the Athletic Banquet or Honors Program.

F. ELIGIBILITY

The Shelton Schools will follow the eligibility requirements established by the Nebraska School Activities Association. In order to be eligible for participation in a semester a student must have passed 20 hours of school work in the preceding semester. (20 hours = 4 Academic subjects)

In addition, a down list will be put out by the principal's office on Monday of each week. Any student who is failing (not maintaining a 70% average) in ANY TWO or more classes anytime will be ineligible for that THAT week's activities. A warning week will be given before any week(s) of ineligibility in which the athlete will be eligible to participate.

Individual activities may have heightened eligibility requirements, as per their individual handbook. Individual activities may not have lower eligibility requirements than the activity handbook.

A student must be in school at least the afternoon periods (5,6,7, and 8) to be eligible to participate in activities after school hours on that date, unless excused by the principal.

All transfer students new to the school system must have their eligibility verified before they may compete in a contest. This verification must come from the principal's office.

G. USE OF FACILITIES

Because of the limited facilities, in the case of two teams in the season using the same facilities, a practice schedule will be made out by the coaches and Activity Director.

No student will be allowed to use school facilities unless supervised by a member of the school staff or his/her parent or legal guardian.

H. USE OF EQUIPMENT

The athletic department will attempt to furnish all athletes with good sound equipment for all sports. We are confident that we have such equipment and in the case of contact sports, our athletes are well protected.

All equipment will be checked out to individuals by the coach in charge, and this will be recorded by the coach. The athlete is then responsible for this equipment. If this equipment is lost, damaged (other than normal use), or not checked in at the end of the season, the athlete should be prepared to pay for the cost of replacement. It is the responsibility of the athlete to check in all equipment as soon as the season ends or immediately, if that athlete should quit a sport before the end of the season.

At no time should an athlete wear equipment checked out to him/her except for practices or contests. Anyone found wearing school equipment outside of practice or contest or possessing school athletic equipment other than during the sponsored activity time period can be expected to be treated as possessing property not belonging to him or her.

Proper care of athletic equipment and clothing includes keeping it clean. Athletic clothing is expected to be washed at least weekly, if not more often.

I. PRACTICE SESSION

All starting times for practices will be set by the individual coach with the approval of the A.D. These times will generally be directly at the end of the school day, except when teams must share facilities. For special practice sessions the coach and A.D. will generally set a time which is suitable for the largest number of participants in the activity.

Participants are expected to be on the field, court, or mat at the set starting time. Pre-practice preparation and dressing time should be taken into consideration by the athlete. An athlete who lingers in the locker room is holding back the entire team.

In order that athletes and their parents may plan ahead the time limits listed below will generally be followed:

Senior High Practices -	2 hours (exception is golf)
Junior High Practices -	1 1/2 hours

J. ATTENDANCE AND PARTICIPATION:

A team member should be in school at least ½ the periods to practice or participate in a contest. Exception - If the student is absent for a school sponsored activity or has the approval of the Principal. Activity people are expected to attend all practices scheduled by the coach. Should an activity person not be able to attend a practice session, he or she must contact the coach in advance. Exception - when an activity person is absent from school he or she need not notify the coach. However, coaches appreciate knowing the reason for an absence.

Unexcused absences will not be tolerated. The disciplinary measures taken for an unexcused absence will be determined by the coach in charge with the approval of the A.D.

In case of injury, an athlete is advised to follow his doctor's advice with regard to participation. An injured player is, however, still part of the team and is expected to attend practices and contests with the team, if the injury allows, unless excused by the coach.

K. DRESSING ROOM POLICY

The dressing room is a place for dressing, showering and preparation for practice or contest. It is not a student lounge, and students should be in the dressing rooms only at appropriate times. Participants will be provided with lockers and locks and these should be closed and locked whenever the athlete is not present. All clothing, valuables and equipment should be kept in the locker at all times. Rowdy behavior and horseplay in the dressing room or shower area will not be tolerated as it endangers the safety of others. All cases of misconduct in the dressing room will be dealt with by the coach in charge. The school is not responsible for lost or stolen articles.

L. EQUIPMENT ROOM

Athletes will not enter or use the equipment room without permission or supervision of the coach in charge. Athletes will not handle training supplies. This will be done by coaches or student managers.

M. TEAM TRAVEL

Activity teams will travel to and from activity events by school bus or school vehicles. All members of a team will return from a contest in the manner they arrived in. Exception - An activities person may return with a parent provided permission is gained by the parent or legal guardian making personal contact with the coach and supplying a written note after the contest.

N. WEIGHT ROOM

The weight room and other weight lifting equipment should be closely supervised by a coach especially for those who are beginners. If this equipment is not used carefully, serious injury could result.

O. ACTIVITIES ON WEDNESDAYS AND SUNDAYS

According to the NSAA, no athletic contest may be scheduled on Sunday. As a general rule, practice sessions will also not be scheduled on Sunday.

Exception: When an athletic team is required to play a Monday contest (such as Conference or District Tournament), a short Sunday afternoon practice may be called. Attendance will not be compulsory if this should occur.

Wednesday night practices are to be over by 7:00 p.m. All students are to be off the practice area at that time.

P. CHRISTMAS PRACTICES

The school will be closed during Christmas Vacation for five days as set by the NSAA. Practice dates over Christmas Vacation are non-mandatory. The administration will set the practice dates prior to the closing of school for Christmas Vacation. Times will be set by coaches with approval of Activities Director.

Q. STUDENT FEES

This section addresses each of the fees that pertain only to extracurricular activities. The entire student fee policy 9003 can be found in the student handbook.

POLICY 9003: STUDENT FEES

The school district shall provide free instruction in accordance with the Nebraska State Constitution and the Nebraska statutes. The district also provides activities, programs, and services that extend beyond the minimum level of constitutionally required free instruction. Under the Public Elementary and Secondary Student Fee Authorization Act, the district is permitted to charge students fees for these activities or to require students to provide specialized equipment and attire for certain purposes. This policy is subject to further interpretation or guidance by administrative or board regulations. Students are encouraged to contact their building administration, their teachers or their coaches, and sponsors for further specifics.

5. Extracurricular Activities.

The district may charge students a fee to participate in extracurricular activities to cover the district's reasonable costs in offering such activities. The district may require students to furnish specialized equipment and clothing that is required for participation in extracurricular activities, or may charge a reasonable fee for the use of district-owned equipment or attire. Attached to this policy is a list of the fees charged for particular activities. The coach or sponsor will provide students with additional written guidelines detailing the fees charged, the equipment and/or clothing required, or the usage fee charged. The guidelines will explain the reasons that fees, equipment and/or clothing are required for the activity.

The following list details the maximum dollar amount of all extracurricular activities fees and the specifications for any equipment or attire required for participation in extracurricular activities:

Cheerleading, Drill Team, Flag Corps

Students must purchase uniforms and shoes selected by the sponsor and/or student group. The maximum dollar amount charged by the school district for these items will be \$1,500.

Football

students must provide their own football shoes, undergarments, and mouth guards

Golf

students must provide their own golf shoes, undergarments, and clubs

Track, Volleyball, Wrestling, and Basketball

students must provide their own shoes and undergarments

12. Charges for Musical Extracurricular Activities.

Students who qualify for fee waivers under this policy will be provided, at no charge, the use of a musical instrument in optional music courses that are not extracurricular activities. For musical extracurricular activities, the school district will require students to provide the following equipment and/or attire:

Band

Students must provide their own instruments and marching band shoes, which must be white, rubber-soled sneakers

Swing Choir

Students must purchase outfits and shoes selected by the sponsor and/or student group. The maximum dollar amount charged by the district for these materials will be \$200.00.

13. Fundraising for Extracurricular Activities.

Students are eligible to participate in a number of unique extracurricular activities including but not limited to school dances, prom, recognition ceremonies, and graduation. In order to fund these extracurricular activities, students may be required to participate in fundraising activities. Students who chose not to participate in fundraising activities are not eligible to participate in extracurricular activities.

C. Waiver Policy.

Students who qualify for free or reduced-price lunches under United States Department of Agriculture child nutrition programs shall be provided a fee waiver or be provided the necessary materials or equipment without charge for (1) participation in extracurricular activities, (2) materials for course projects, and (3) the use of a musical instrument in optional music courses that are not extracurricular activities. Actual participation in the free or reduced-price lunch program is not required to qualify for the waivers provided in this section. The district is not obligated to provide any particular type or quality of equipment or other material to eligible students. Students who wish to be considered for waiver of a particular fee must submit a completed fee waiver application to their building principal.

D. Distribution of Policy.

This policy will be published in the Student Handbook or its equivalent that will be provided to students at no cost.

III. CODE OF CONDUCT

The coaching staff, sponsoring staff, and school administration expect our activity people to be something special. Activity people are always on public display whether they know it or not. They also receive a great deal of recognition. For this reason, activity people must live up to certain high standards that perhaps the normal student does not. Also, because being an activity person is very demanding upon an individual both mentally and physically, this code of conduct shall be followed in order that the benefits of activities can be realized.

A. Appearance - Activity people will always be neat, clean and well groomed, and will take pride in their appearance at all times.

B. Misconduct -- An activity person who is guilty of gross misconduct which reflects badly on the team, school, and community, may be suspended from that team. Length of suspension will be determined by the coach in charge and Activities Director.

C. TRAINING RESPONSIBILITIES

Regular hours -- All activity people will be expected to follow the hours established by their respective coach. Regular and adequate sleep and a well-balanced diet are of the utmost importance for athletes (and students) to perform at their peak potential.

D. ALCOHOL, TOBACCO AND DRUG POLICY

POLICY 9022: STANDARDS OF CONDUCT FOR PARTICIPATION IN EXTRACURRICULAR AND COCURRICULAR ACTIVITIES

The following policies and procedures govern extracurricular and co-curricular activities both in and out of school beginning on the first day of football practice in the fall and running through the last day of state track competition in the spring. These activities affect all school sponsored activities that include but are not limited to continued involvement in and removal from the following activities and positions: football, volleyball, cross country, basketball, wrestling, track, golf, plays, musicals, band, chorus, speech and drama, National Honor Society, student council, annual, newspaper, class office, prom, Close Up, the graduation ceremony, and school dances.

1. Academic and Attendance Requirements.

In order to be eligible to participate in a particular performance, contest, program, trip or activity, each student should meet the requirements set out below.

- a. A student must make special arrangements for assignments with the teacher(s) involved if he or she is going to miss a class for a performance, scheduled contest, program or trip, in order to be eligible to perform in that event. (If at all possible such assignments must be done in advance.)
- b. A student should be in school at least one-half day of a performance, scheduled contest, program or trip which begins after all classes have been completed. Parents may seek an exception to this rule from the office of the high school principal. Exceptions will be granted on a case-by-case basis and at the discretion of the high school principal.
- c. A student must meet the requirements of the Nebraska State Activities Association and have received passing marks in four major courses in the previous semester. A major course carries five credits per semester. The term "previous semester" means that semester immediately proceeding the semester in which the student wishes to participate in activities.

- d. A student must not be failing more than two courses during a week.

2. Prohibited Conduct

Students who engage in the following prohibited conduct will be excluded from extracurricular and co-curricular activities based on the consequence schedule set forth in this policy.

- a. Violations of Local, State and Federal Laws.

Whenever the school district has reasonable cause to believe that a student has violated any local, state or federal law (other than any municipal curfew or a traffic ordinance which is classified as an infraction) the student shall be ineligible to represent the school in any performance, scheduled contest, program or trip according to the schedule of consequences set forth in this policy.

- b. Suspensions and Expulsions from School.

Any student suspended from school (in or out) through in school or out of school suspension for violation of school rules will be ineligible to participate in any extracurricular or co-curricular activities until reinstated by the high school principal.

- c. Use of Tobacco, Alcohol and Other Dangerous Drugs.

No student who is involved in extracurricular or co-curricular activities shall use, possess, or transmit any alcoholic beverage, tobacco product or illegal drug or be at or remain at the site of any party, or be in any vehicle, residence or other building where any minor is using or possessing an alcoholic beverage, a tobacco product or an illegal drug. Provided, this rule shall not apply to activities which a student attends a gathering with his or her parent(s) where alcohol is consumed as long as the student does not personally consume alcohol, use tobacco or an illegal drug.

Students who use, possess, or transmit an alcoholic beverage, tobacco or an illegal drug on school property or at a school sponsored activity are also subject to discipline under board policy and the Student Discipline Act up to and including suspension or expulsion from school.

If school officials determine, after a reasonable investigation, that a student has violated this policy by consuming alcohol, using tobacco or an illegal drug, or has remained at a site where other minors are using alcohol, tobacco or illegal drugs, the student shall be ineligible to represent the school in any performance, scheduled contest, program or trip according to the schedule of consequences set forth in this policy.

3. Schedule of Consequences

The consequences that follow are generally intended to be applied progressively. However, there are circumstances when the infraction will be deemed severe because of moral turpitude, violence, amount of damage or some other factor, it would appropriate to deviate from the schedule of consequences. When the high school principal, in his/her sole judgment determines that the infraction is severe, he/she may deviate from the schedule of discipline and impose the discipline he/she deems appropriate.

1st Offense: 4 weeks suspension, commencing with the next performance, scheduled contest, program or trip in which the student is would have been eligible to participate.

2nd Offense: 8 weeks suspension, commencing with the next performance, scheduled contest, program, or trip in which the student is would have been eligible to participate.

3rd Offense: Suspension from all extracurricular or and co-curricular activities for the remainder of the school year.

During suspensions the determination as to whether the student will be allowed to participate in practices will be made by the high school principal in consultation with the activity sponsor or coach.

A student may reduce his/her consequence by one half (1/2) by self reporting a violation. The student must personally contact the high school principal or superintendent before 8:15 am the first school day following the violation in order to take advantage of a reduced consequence.

4. Appeal Process.

A student or parent contesting the declared ineligibility of a student based on these rules, shall be required to state the basis of their objection in writing, and also their request for an oral hearing, addressed to the Superintendent of Schools. The Superintendent of Schools shall then schedule a meeting of the student and/or parents and the high school principal. The Superintendent will hear the complaint and will notify the student or parents in writing of his/her decision within 10 school days. The decision of the Superintendent of Schools shall be final.

Section 2 Drug Dog Policy

The Shelton Board of Education has authorized the use of a Drug Dog to search any portion of the building or grounds, without prior notice or parent permission, if this action is deemed necessary by the administration.

IV. DUE PROCESS

In the cases of disciplinary action or suspension, the activity person is guaranteed due process of law and right of appeal. This due process is outlined in the board policy and the school handbook.

STUDENT PARTICIPATION AND PARENTAL APPROVAL FORM

Date _____ School **Shelton Public School**

Name of Student _____ Grade _____

Date of Birth _____ Place of Birth _____

This application to compete in interscholastic activities for the above named high school is entirely voluntary on my part and is made with the understanding that I have read the eligibility rules and regulations of the State Association and of the school and I am not in violation of such rules.

Signature of Student _____

I hereby give my consent for the above-named student (1) to represent his/her school in activities, except those crossed out on this form by the examining health care provider, provided that such activities are approved by the State Association; (2) the above named student is allowed to accompany any school team of which he/she is a member on any of its local or out-of-town trips. I acknowledge that I have selected the health care provider who has examined the student and assume full responsibility for the selection of such examiner. I authorize the school to obtain, through a physician of its own choice, any emergency medical care that may become reasonably necessary for the student in the course of such activities or such travel. I also agree not to hold the school or anyone acting in its behalf responsible for any injury occurring to the above-named student in the course of such activities or such travel.

The purpose of the **warning** is to bring to your attention the existence of potential dangers associated with athletic participation. Participation in any athletic activity may involve injury of some type. The severity of such injury can range from minor cuts, bruises, sprains, and muscles strains, to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck and spinal cord. On rare occasions, injuries can be so severe as to result in total disability, paralysis, or death.

Even with the best coaching, the use of the best protective equipment and strict observance of rules, injuries are still a possibility.

I have read the warning and understand the potential risk of injury.

Knowing the risk, I hereby give my permission for my son/daughter to practice and compete for Shelton High School in activities approved by Nebraska School Activities Association.

BASKETBALL
BAND
VOCAL MUSIC
GOLF

FOOTBALL
DRAMATICS
WRESTLING

TRACK
VOLLEYBALL
CROSS COUNTRY

(Continued on the back page)

Any cost associated with injuries are the responsibility of the parents or legal guardians and their insurance company. The Shelton School is not liable.

Signature of Parent or Guardian: _____

GRADE _____

Home address _____ Tel. No. _____

Parent's name _____ Tel. No. _____

Family physician _____ Tel. No. _____

Do you know of any reason why this individual should not participate in all sports/activities? Yes No

Please explain any "yes" answers to above question:

We have read the Activity Handbook of the Shelton Junior-Senior High and understand them fully. We agree that our son/daughter will abide by them while he/she is out for activities and that the school and its coaches will follow these guidelines as nearly as possible.

Signed _____ Date _____
(mother's signature)

Signed _____ Date _____
(father's signature)

I, the above student, have read the Activity guidelines of the Shelton Junior-Senior High and understand them fully. I agree I will abide by them while out for activities and that the school and its coaches follow these guidelines as nearly as possible.

Signed _____ Date _____
(Activity person's name)

Note: This form must be on file in the respective school office before you will be allowed to check out for any sport/activity. Students participating in athletics must also have a ***physical*** and it shall be on file in the school office.